



From the President

New format for Morning Apart

As you are reading this, I hope you have pleasant memories of our Communion Breakfast. What a wonderful way to start the Easter Celebration. I realize that many of you had to drive quite a distance to attend and I hope you felt the results were worth the effort. We really try to vary the location of our events, but some members always seem to be a little farther away than others. We apologize and hope the distance won't stop you from participating.

We are trying something different for our Morning Apart – A Health Fair. This will be open to the public, but we will be having a service and speaker for our UMW members. While the Health Fair runs from 9:00 to 1:00, our UMW registration remains at 9:30 with the program at 10:15.

Program Resources will be selling books for the Reading Program and Mission Today Cards will be available for purchase. And, of course, in between will be the Health Fair with hand outs on topics of interest as well as interactive activities including blood pressure and cholesterol testing, healthy eating and massage therapy demonstrations, and much more. All are welcome.

Please plan on attending.

President
Ellen T Klock

Feel free to call me at 716-208-6802.

News from the Vice President

Health focus of Morning Apart

The snow that chilled us yesterday has melted like a dream,

For now the stone is rolled away beneath the sunlight's gleam.

For Spring's a noble season, one of show and tell,

When God reveals His majesty and shows us all is well.

As I sit writing this looking out my window, it's hard to believe that March is here. Where did January and February go? Did we even have winter-we'd get snow and shortly it was gone. I'm not complaining, but thought I was back in Virginia. Let's

hope we can get through March now.

Plans are underway for our Morning Apart and Health Fair to be held Saturday April 28th at Trinity United Methodist Church, 711 Niagara Falls Blvd in Amherst with registration at 9:30am. We will have a guest speaker from Kaleida Health who will discuss women's heart health issues. Following the presentation, we will have a health fair with a cooking demonstration, screenings for cholesterol and glucose, as well as a blood pressure screening.

Many health related

groups will also be there to share information from their organizations. So mark your calendars and plan on coming-NO registration needed-just come for an informative morning. Please bring a canned good that will go to a local food bank and invite your family, neighbors and church members to attend. The program will start at 10:15am, while the Health Fair will run from 9:30am til 1pm. The church is handicap accessible with lots of parking.

In His service,
Gerri Westwood
District Vice President

Quadrennial event registration deadline is now

The Northeastern Jurisdiction---UMW has an online registration link for our Quadrennial Meeting in Hershey.

*Please spread the word.
Go to this website:
gbgm-umc.org/nejumw/*

*Click on:
Online registration ---on
the home page in blue*

The online form will

come up.

Information about the meeting is also on the website.

Hope to see you all in Hershey.

Diane Braun
Vice President
NEJ---UMW

Please note (from Ellen Klock): The fees to attend include the registration fee,

room, and several meals. The more people sharing a room, the less expensive it will be. The deadline is May 1, 2012. The Conference is planning on having a bus to Hershey - form in this newsletter - which should run about \$65. See if you can find your purple scarves (they are going to be our identifying accessory). More will be available to purchase at a later date.

Deadline reminders

Some of the deadlines in this newsletter are immediate.

Quadrennial event and Morning Apart information was included in the last newsletter and NF District Newsletter so hopefully these are reminders, not new information. Deadline for July, August, September issue is June 1.

Watch your email and
Niagara Frontier District UMW on Facebook for info between newsletters.

A Message for Spiritual Growth...

“A time for new beginnings”

March came in like a lion complete with the roaring of 30 to 60 MPH winds! On the morning of Saturday, March 3rd, the day of our Niagara Frontier UMW board and planning meeting, we were awakened by a large blue-white flash outside our upstairs bedroom window.

The un-insulated wires connecting our transformer to the power-source on the pole outside had just become twisted and arced out, cooking the transformer and leaving us and several neighbors without power. I am sure I must have looked a little shaken coming into the meeting after the drive south on Campbell Rd. to Pastor Jackie's Church, Asbury UMC, with the winds coming right out of the west, making it hard to stay on the road.

Given that scary ride, I thanked God for getting us all there safely and thanked him for the fact that these winds were the biggest of my problems. Throughout the last days in February and the first days of March, we became aware that many of our brothers and sisters throughout Indiana Illinois and Alabama were experiencing devastating tornadoes which took away homes, lives and livelihoods...

The Lenten season and Easter is a time for new beginnings for trees, plants, wildlife, pets, people and just about everything! It is also a time for new beginnings spiritually for each of us as we experience again the life, death and resurrection of our Lord and Savior Jesus Christ. During this time of new beginnings let us keep in our prayers and in our missions those who are left with nothing and have to rebuild and replenish everything- those to whom a new beginning is literally a building up from a personal “ground zero”. Jesus asks that we help our neighbors, to help those in need and to give of ourselves. Jesus gave HIS ALL for us and we must follow his example. May our hearts lead our hands and feet to action!

Here are seven ways to make your Lenten and Easter-tide season - along with those all around you - more joyful;

- Start all prayers with praise. (Psalm 9:1- I will praise you, Lord, with all my heart. I will tell of all your wonderful deeds.)

- Take time to be with God in a beautiful place. (Jeremiah 32:17 - Ah Lord GOD! behold, thou hast made the heaven and the earth by thy great power and stretched out arm, and there is nothing too hard for thee.)

- Do not carry the world's pain on your own back. (Psalm 32:7-8 -You are my hiding place; you will protect me from trouble and surround me with songs of deliverance.)

- Help those who need new beginnings. ([1 John 3:17](#)-But if anyone has the world's goods and sees his brother in need, yet closes his heart against him, how does God's love abide in him?)

- Fast for the sake of richer food. (Isaiah 58:6-8 -Is this not the fast I have chosen, to loose the chains of injustice and untie the cords of the yoke?)

- Reconcile with an estranged friend. (Ephesians 4:31 -Let all bitterness, and wrath, and anger, and clamor, and evil speaking, be put away from you, with all malice.)

- Compliment someone for making the world better. (James 5:13 -Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing praise.)

It's GREAT to be a part of UMW!! May God bless you this spring and it was good to see you at the Communion Breakfast!

In Christ,
Karen S. Wehn
Spiritual Growth

We need new officers

Helen Johnson,
Conference Chair of
Committee on Nominations

“The Excuse”

Me? Be an officer?
You've got to be kidding!!!
I've been in too long, or I'm just beginning.
My life's just too busy, I can't take the time.
A leadership role! I'm just not that kind.
Someone else must be better,
I'm not very smart.
What do I do and where do I start?
I can't speak in public, I can't type or spell.
The job should be done,
but not me, pray tell.

“The Response”

I hear your excuse, but come by tonight
You will get to see our team in flight.
Can't do it, yet? We will not fret,
We'll help you to cope and
teach you the rope.
You will grow, so don't think no.
We do a lot so never fear;
You may be an officer next year.

“The Conclusion”

I see what you're getting at; I'll give it a try.
I won't make guarantees and
I might just say bye.
But, I'll go to a meeting and pray quite a bit,
A flame's not yet glowing,
but a spark may be lit.
Maybe, just maybe,
if you help me somehow.
Can I work alongside an officer, right now?
I'll grow and I'll learn and
I'll see the importance
Of taking a
United Methodist Women's office.

SAVE THE DATE:

This year's School of Christian Mission will be Thursday to Saturday, July 26 to 28 at Camp Asbury.

Once again there will be a total of three options to choose from, including another September school at Camp-of-the-Woods and a third program at Cazenovia earlier in July.

Watch for more details in the coming months.

Signs help detect Elder neglect and abuse

Greetings

UMW Women

It is estimated that 2.6 billion dollars is stolen from older Americans every year and that only 1 in 14 cases are reported.

Elder abuse is doing something or failing to do something that results in harm to an elderly person or puts a helpless older person at risk of harm.

Abuse of elders takes many different forms; these are the most common abuses, physical abuse, emotional abuse, financial abuse and neglect of the elderly. Seniors abuse has increased in the United States by people who are directly responsible for their care. Many forms of elder abuse are recognized as types of domestic or family violence. Elder abuse takes place where the senior lives, most often in the home where abusers are adult children or spouses. Institutional settings espe-

cially long term care facilities can also be a source of elder abuse.

Elder neglect is failure to fulfill a care taking obligation constitutes for more than half of all reported cases of elder abuse. The abuse can be intentional or unintentional, based on factors such as ignorance or denial that an elder person needs as much care as they do. Other family members may not recognize or take seriously the signs of elder abuse. They may appear to be symptoms of dementia or signs of the elderly person's frailty. Many signs do overlap with symptoms of mental deterioration, but that doesn't mean we should dismiss them on the caregivers say so.

The following are warning signs of some kind of elder abuse;

1. Frequent arguments or tension between the care giver and the elderly person.

2. Changes in personality or behavior in the elder person.

If you suspect elderly abuse, but are not sure look for changes in physical appearance or behavioral signs of the elderly person. The responsibilities and demand of elder caregiving escalates as the elder's condition deteriorates can be extremely stressful. The stress can lead to mental and physical health problems that make caregivers burned out, impatient, and unable to keep from lashing out against elders in their care.

Elder abuse should always be reported to National Center on Elder Abuse or through local area agencies on aging. Don't always assume that the elderly person will take care of their situation; they may not be capable of reporting the abuse.

Social Action,
Fanny Rivera

M, N, and O leader introduced Hi everyone!

My name is Connie A. Meisner your "new" M, N, and O leader for the Niagara Frontier District.

I live in Attica, NY (Wyoming County) where we have "more cows than people!"

I'm here to help our United Methodist Women grow in faith, spirit, and love for our Lord and our communities.

Best wishes and sincerely, Connie A. Meisner

UPCOMING EVENTS:

NIAGARA FRONTIER DISTRICT UMW

REGISTRATION BEGINS AT 9:30 AM FOR ALL
DISTRICT EVENTS

MORNING APART:

APRIL 28, 2012

HEALTH FAIR – TRINITY, AMHERST

JURISDICTION:

JUNE 14-16

HERSHEY, PA

SCHOOL OF CHRISTIAN MISSION:

JULY 26-28, 2012

CAMP ASBURY

DISTRICT ANNUAL MEETING:

SEPTEMBER 22, 2012

INDIAN FALLS UMC

LEADERSHIP TRAINING:

TENTATIVE DATE: NOVEMBER 2012

LOCATION TBA

Treasurer's Corner

'Hello, glad to be working for you!'

This is to introduce myself as the new Treasurer of the District UMW. It will take me a short time to learn the 'ropes' of the District UMW. However, in my previous life, I was an accountant, so that will be the easy part of my job.

Having retired a few years ago, I find myself wanting to take a more active role in UMW. This is my opportunity to do so. I am looking forward to meeting many of you in the near future. Meanwhile, feel free to contact me with questions involving the finances of the district or how to handle specific accounting problems. If I do not know the answer, I will find it and get back to you as soon as possible.

A Few Reminders:

Please send all correspondence/remittances to the treasurer at:

Niagara Frontier District UMW

42 Eastwood Pkwy.

Depew, NY 14043

Any checks MUST be made payable to Niagara Frontier District UMW or NF District UMW. Checks made out to an individual cannot be deposited to our account. Thank you for your attention to this matter. The proper forms for recognition pins and/or mission cards need to be included.

Any questions and/or other info may be communicated by phone at (716) 668-0871 or by e-mail at pmenglish@aol.com.

Shalom,

Marilyn M English

BUS TO HERSHEY REGISTRATION DUE BY MAY 1, 2012

NAME

ADDRESS

.....

PHONE.....

EMAIL.....

BUS

PICKUP POINT.....

COST: \$110

MAKE CHECK PAYABLE TO: **UPPER NEW YORK CONFERENCE UMW**

MAIL TO: MARIE FOLLETT, 331 WEST ACADEMY STREET, ALBION, NY 14411
BY MAY 1, 2012

MARIE'S PHONE : 585-589-4202

A MINIMUM OF 30 PEOPLE IS NEEDED FOR EACH BUS
TO KEEP THE COST AT \$110.

To Hershey Thursday June 14; returning Saturday June 16.

BUS 1 ROUTE

BUS 2 ROUTE

BUS 3 ROUTE

BUFFALO: lv.6 a.m.

ROCHESTER : lv.6 a.m.

ALBANY AREA
TBD

* Trinity:Amherst UMC
711 Niagara Falls Blvd.
Amherst

*RIT Conference Center
5257 W. Henrietta Rd. (Rt. 15)
Henrietta

*North Main Street Park and Ride
Rts. 60 & 86, Jamestown

*Cicero UMC
8416 Brewerton Rd.
Cicero, NY

*A possible 3rd stop along Rt. 86
East TBD

*A possible 3rd stop
Cortland/Binghamton area
TBD

SCHOOL OF CHRISTIAN MISSION
REGION 2
CAZENOVIA COLLEGE, CAZENOVIA, NY
JULY 13-15, 2012

REGISTRATION FORM

Please check all that apply:

Adult - \$185-includes Fri, dinner through Sunday lunch.

Commuter (\$125 includes meals - see above)

Adult Classes 1st 2nd 3rd

(Mark your 1st, 2nd & 3rd choices)

Immigration in the Bible ___ ___ ___

Poverty ___ ___ ___

Haiti ___ ___ ___

Youth Experience \$50 per family, accompanied by an adult. **List names, ages and your names on back.**
Youth entering grades 6-12

Children's Program-free when accompanied by an adult. **List names, ages and your name on back.**
Children entering grades 1-5

Childcare - free when accompanied by an adult. **List names and ages on separate sheet.** Ages 6 mo.-5 yrs

I am a Study Leader.

I am interested in credit for Lay Speakers.
(Contact: Carmen Vianese, vianese4@frontier.net)

Attending first time

Clergy

Please list special dietary needs: _____

District: _____

Church: _____

Amount enclosed: _____

Registrar: Marcia Lee
(315)446-1686; vmlee55@gmail.com

Please fill in your information:

Name: _____

Phone: _____

Email: _____

Address: _____

City, State, Zip: _____

Name of Roommate: _____

Please be sure to name the children or youth who may be accompanying you, free - they will be roomed with you.

Emergency contact: _____

Phone: _____

Address: _____

City, State, Zip _____

The registration deadline is July 1, 2012. Please submit a separate registration for each participant. All persons must pre-register, including commuters, study leaders, and staff.

Sorry, no walk-ins.

Scholarship help is available.

Contact: Shirley Verity at (607)732-8629

Grammatrue@aol.com

Please complete this registration form and mail with check payable to

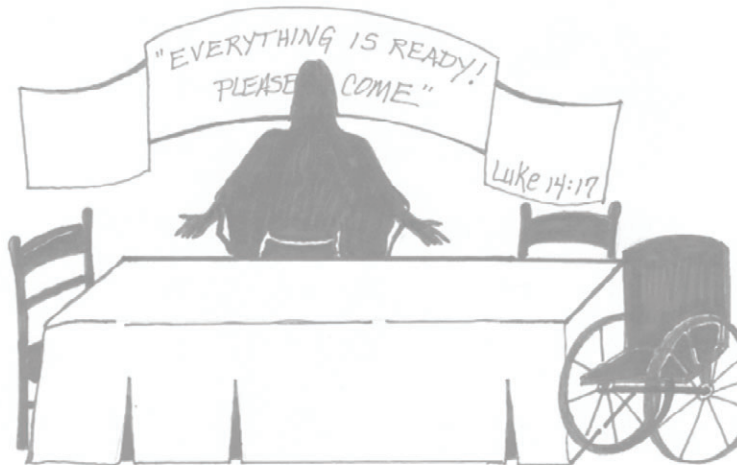
"UNYSOCM REGION 2"

to:

**Marcia Lee, 101 Wedgewood Terrace, Dewitt,
NY 13214-1541**

Come To the Party

Northeastern Jurisdiction UMW
Quadrennial Meeting



Special
Young
Women's
Activities

**June 14 – 16, 2012 Hershey, PA
Hershey Lodge**

Celebrate UMW in Mission
with Harriet Olson and Inelda Gonzalez
Participate in hands on mission or visit local sites

Sing with Jorge Lockwood and his group of
merry musicians and Sue Duffield

Worship with Bishop Peggy Johnson,
Bishop Jane Middleton
Rev. Dr. Priscilla Pope-Levison

Learn with Bishop Tom Bickerton

Laugh with Rev. Dr. Heather Elkins

Be Inspired by Rev. Vance Ross

To register or for more information
visit us at
<http://www.gbqm-umc.org/nejumw/>
or contact your Conference President

Program begins with worship Thursday,
June 14, 2012 at 6:15 pm.
We will be sent forth
Saturday, June 16th at noon.

Registration costs include:
2 nights lodging at Hershey Lodge,
4 meals, & registration

Registration Costs per person:
\$560 single room
\$350--2 in a room
\$280--3 in a room
\$245--4 in a room

Meals, meetings and rooms
all under one roof

Special commuter rates available

Late Fee (\$50) after May 1

Registrar: Lynn Fenstermacher
newlyfe713@yahoo.com
518-652-2012
201-410-3967

UNY COOPERATIVE SCHOOL OF CHRISTIAN MISSION REGION III

2012 Registration Form

July 26-28, 2012

Camp Asbury Retreat Center

Silver Lake, NY

Checks Payable to: Region III SCHOOL OF MISSION

Mail form & fees to: Tracy Jackson Adams, 27 Walbar St., Rochester, NY 14609

NAME _____ (F) _____ (M) _____

ADDRESS _____

Daytime phone.....

Evening phone.....

E-mail.....

Roommate choice

Month of Birthday

Local Church _____ District _____

Please check all that apply:

___ Adult resident

___ Adult Commuter

___ One Day Sampler

I will be attending as:

___ UMW Member

___ UMW Dist. Officer

___ UMW Conf. Officer

___ Sch. of Mission Comm. Member

___ Clergy

___ Lay Person

___ First timer

Special Needs (dietary, handicap access, etc.) _____

All participants will take the Spiritual Growth Class: "Immigration and the Bible"

Check one choice for your second class: ___ "Poverty" (new for 2012) *or* ___ "Haiti" 2011)

COST: *Adult Resident*: \$75.00 Registration \$145.00 Room & Board -Total \$220.00 per person

***Commuter Fee* (includes Registration and Meals): Total: \$150.00**

***One Day Sampler* (Saturday, includes lunch): Total: \$45.00**

(Participants need to buy study book(s).)

Scholarship recipient? _____ Scholarship from _____

DEADLINE for registration and fees is Friday July 6, 2012. You will receive a confirmation letter. ****All registrations are transferable but not refundable.****

**2012 REGISTRATION FORM – UNY UMC Region 1 Cooperative School of Christian Mission
September 14 – 16, 2012 Silver Bay Conference Center, Silver Bay, NY**

Make checks payable to: Region 1 School of Christian Mission

Mail Registration Form and Fee to: Marcia Dudden, 36 Middle Street, Waterford, NY 12188, by 8/1/2012

Name:..... (F).....(M).....

Local Church: District:

Home Address

Street

City, State, Zip:

Daytime Phone: Evening Phone

E-Mail:..... Cell Phone:.....

Room Mate (s).....

OR assign one.....

PLEASE CHECK ALL THAT APPLY: I WILL BE ATTENDING AS:

Resident or Commuter

Clergy or Lay Person

UMW Member UMW Dist. Officer UMW Conf. Officer SOCM Planning Team Member

First Timer – attending a UM School of Christian Mission for the first time

I will apply for CEU credits I will apply for Lay Speakers Credits (may be used only ONE Time)

I will need Child Care I need care for a dependant adult

SPECIAL NEEDS: (DIETARY, HANDICAP ACCESS, ETC.)
.....

CHECK COURSE IN CHOICE ORDER: 1, 2, 3,:

Immigration in the Bible—Shirley Readdean

Poverty – Theresa Manciocchi

Haiti: Challenges and Hope—Elisabeth Kennedy and Belinda Gould

You are responsible for purchasing your own study book.

COSTS:

Registration: \$75 – (\$75 registration fee must be sent with this form by August 1, 2012)

Resident:

Double Occupancy: \$195 for Room and Meals; Total for Registration, Room & Meals: \$270

Triple or Quad Occupancy: \$175 for Room and Meals; Total Registration, Room & Meals: \$250

Commuter:

Day-Use Fee and Meals: \$135; Total for Registration, Day-Use & Meals: \$210

Day-Use Fee (NO meals): \$45; Total for Registration & Day-Use (NO meals): \$120

Meals include Friday Lunch & Dinner, Saturday Breakfast, Lunch, & Dinner, & Sunday Breakfast
A Bag Lunch will be available on Sunday for an additional charge.

*****All Registration Fees are Transferable but NOT refundable*****

DEADLINE FOR REGISTRATION AND FEES: August 1, 2012

*You will receive a confirmation letter with map and instructions, and other pertinent information.
Questions? Contact Marcia Dudden, Registrar - Phone: 518-233-0238 Email: madudden@aol.com*