



Christ United Methodist Church - Amherst, NY

"Making Connections & Offering Opportunities for Faith, Love & Service"

Weekly Update – October 30



Preventative Medicine

We are strongly encouraged by healthcare providers, drug stores, and many other organizations to get an annual flu shot. We understand that it is good for general health and sound annual practice. But honestly, who looks forward to getting the annual prick (even as quick and painless as it is)? Sometimes the things that keep us healthy also hurt a little.



I think this is also true in our spiritual lives. It's not easy to admit our mistakes or ask for forgiveness. In fact, it hurts a little. But the truth is that sharing these confessions with God is good general spiritual health practice and good preventative medicine. Understanding and admitting our missteps, our unhealthy habits, our negative thoughts, our poor judgements, and our failures is a daily practice that keeps us healthier. God, through forgiveness, shares a band-aid to cover over that pain, to help us toward health and wholeness, and to move us into a closer relationship with God and with one another.

I asked the nurse who gave me my flu shot if "I was going to live?" She reassured me that I was and that I was all the better for taking such preventative measures. So may we be reassured through forgiveness in Christ, that when we confess our sins, it is preventative medicine. It helps us now, but even more benefits a connected life and living with God.

-Pastor Daven

Ways to Make a Difference

Food & Supplies Needed for Local Families

In addition to the food that goes to local food pantries, Christ Church serves local families in need. The following items are needed: **cleaning supplies, paper towels, toilet paper, personal hygiene products, deodorant, and soap.**

The Tiger's Den is collecting **shampoo, juice, and canned soups (*not chicken noodle*)** during November. They also request **paper bags** and **reusable shopping bags (*NOT plastic bags*)** to pack groceries.

Collecting carts at Christ Church are marked for Tiger's Den Food Pantry and for local families.

This Week at Christ Church

Church Office Hours: Mon., Wed., Fri. – 9 am to 5 pm, Thurs. – 9am to Noon

Wednesday, October 30

- 2pm - Children's Sabbath Planning Meeting
- 7pm - Choir Rehearsal

Thursday, October 31

- 1pm - 'Thirstaid' Thursday

Friday, November 1

- 11am - Books We Have Loved
- 4:30pm - Hosting Family Promise

Saturday, November 2

- 10am - UMW Breakfast Gathering

Sunday, November 3

All Saint's Sunday

- **10am - Worship Service**
- **11am - a.o.l. (Adult Opportunities for Learning)**
- **11am - FaithXpress**
- **11am - Community Youth Group Planning Meeting**
- **11am - Worship Team Meeting**
- **3pm - Greater Buffalo Youth String Orchestra Concert**

Supervised Child Care, Sky Box and Family Worship Space available

*Visit the **Café Connection** each Sunday morning and enjoy delicious, fair trade, **New Day Coffee**, morning treats and friendly conversation.*

Daily Bible Reading – 2019 Shaping Our Life Experience

Excerpts from both the Old and New Testament are included each day. This is a great way to support your ongoing growth in faith and the Christ Church community as well.

October 30: Jeremiah 27-28; 2 Timothy 4

October 31: Jeremiah 29-30; Titus 1

November 1: Jeremiah 31-32; Titus 2

November 2: Jeremiah 33-35; Titus 3

November 3: Jeremiah 36-37; Philemon 1

November 4: Jeremiah 38-39; Hebrews 1

November 5: Jeremiah 40-42; Hebrews 2

In Our Healing Prayers

Dave Mitchell, Sissie Mooney, Bruce Burr, Barbara Weaver, Jan Rhinehart, Pat Zaleski, Inez Beachley, Joe & Carolyn Day, Dick Radel, Bob Varian, Inez Beachley, John Ladowski, Chrissy Merrill, Joyce Moser, Janet Hill, Mary Jane Shanley, Sue Estee, Frank Annunziata, Jean Ericson, Kevin Cetola

*Those who are **care partners** with others

*Pray for Chris Maliken, Lindsey Darling & Ian Johnson, serving in the US Navy



We're Collecting!

Collection baskets are located in Crafts Hall for the following items:

-Food for **Thanksgiving Baskets**: *stuffing mix, canned vegetables, canned fruit, brownie mix, instant mashed potatoes, and cranberry sauce. Frozen turkeys and gift cards are also greatly appreciated.*

-Items for our **veterans**: *socks, underwear, white t-shirts, towels, toiletries & hygiene products, Chapstick, nail clippers, gift cards to Burger King, McDonalds, Wendy's, etc. or lap blankets.*

-Winter outerwear for **Clara's Closet, Hearts for the Homeless, and Central City Café**: *clean coats with working buttons and zippers, scarves, hats, mittens, and boots.*



A.O.L. (Adult Opportunities for Learning)

Sundays Following Worship

Continuing Through November

Join as we read through the book, Making Sense of the Bible. Author Adam Hamilton invites us into an honest conversation about the Bible, addressing often misunderstood

Biblical themes such as:

- How and when was the Bible written?
- Who decided which books made it into the scriptures and why?
 - Were Adam and Eve real people?
 - Why is God so violent in the Old Testament?
- Why would Paul command women to "keep silent in the church"?
- Is the Book of Revelation a guide to the End Times?

All are welcome!

Searching the Scriptures

Tuesdays at Noon

Each Tuesday Pastor Daven leads a time exploring the upcoming Sunday's Scripture.

This will provide context to the Scripture(s) being explored and ultimately enrich the experience of worship itself. All are welcome anytime!

Thirstaid Thursdays

Thursdays from 1-2:30 p.m.

Through November 14

The Stewardship Team will be offering a study entitled, "**WHAT ABOUT OUR MONEY? A Faith Response**". This eye-opening study will focus on our relationship with money, which shapes our relationship with God and God's people. We'll use some creative and thought-provoking activities to explore how our attitude toward money affects us and others every day. The answers we find may surprise us. All are welcome!

Women's Breakfast Gathering

Saturday, November 2

10 a.m. in the Cafe

Elder Law with Brad Loliger, JD, MSW

Cost: \$5 *All women are invited!*

Leadership Institute Debriefing

Sunday, November 10

Join Brad Loliger and Pastor Daven in the Cafe following worship as they discuss their experiences at the Leadership Institute that was held in Kansas City in September.

**Don't forget to turn clocks back an hour this Sunday at 2am!
Daylight Saving Time Ends!**